

#weareNHFT



Northamptonshire Healthcare
NHS Foundation Trust

NUTRITION AND DIETETICS

KEEP UP TO DATE WITH INFORMATION AND ADVICE

The Twitter accounts below have been recommended by dietitians for our service users to help keep you up to date.

NHS
choices

@NHSChoices

LOVE
FOOD
hate waste

@LFHW_UK

age UK
Love later life

@age_uk

change
4 **life**

Eat well Move more Live longer

@Change4Life

BDA

@BrDieteticAssoc

@NHFTNHS

📞 01604 682682

🌐 nhft.nhs.uk/dietetics



**MAKING A
DIFFERENCE
FOR YOU,
WITH YOU**