



# BREASTFEEDING SUPPORT IN NORTHAMPTONSHIRE

**FRIENDLY SKILLED SUPPORT  
AND INFORMATION FROM OUR  
INFANT FEEDING TEAM, LED BY A  
LACTATION CONSULTANT.**

**SPECIALIST 1:1 BREASTFEEDING  
SUPPORT AVAILABLE FOR MUMS**

Mums, babies, mums  
to be and their  
families welcome!



## DROP IN SESSIONS AVAILABLE:

All sessions are held in bespoke areas tailored to  
mother and baby's need.

**MONDAYS 10:00AM - 12:00PM**

Northamptonshire Central Library,  
Abington Street, Northampton NN1 2BA

**MONDAYS 12:45PM - 2:45PM**

PenGreen Children's Centre,  
Corby NN17 1BJ

**TUESDAYS 9:30AM - 11:30AM**

Daventry West Childrens Centre,  
Daventry, NN11 4EY

**WEDNESDAYS 1:00PM - 2:30PM**

Montague Street Children's Centre  
Kettering, NN16 8RX

**THURSDAYS 9:30AM - 11:30AM**

Penrith Drive Children's Centre,  
Wellingborough, NN8 3XL

**FRIDAYS 10:00AM - 12:00PM**

Rushden Library, Newton Road  
Rushden, NN10 0PT



See our Health  
Visitor page on  
Facebook for  
more information,  
updates and  
changes:  
Northamptonshire  
Health Visitors



Helpline (calls only):

Monday - Friday

9AM to 3PM:

07795 110109

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[nhft.nhs.uk](https://nhft.nhs.uk)



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