

SUPPORTING OUR HOSPICES

The 24 hour a day, 365 day a year care provided within the hospices is free of charge and is part funded between the NHS and by charitable donations raised by the Cynthia Spencer and Cransley Hospice Trusts.

If you wish to support us please contact the Fundraising Teams at:

Cynthia Spencer Hospice
Manfield Health Campus,
Kettering Road,
Northampton,
NN3 6NP



Fundraising Office: 01604 210941
Email: Debbie@cynthiaspencer.co.uk
Registered charity number: 1002926

Cransley Hospice Fundraising Office

St. Mary's Hospital
London Road



Kettering NN15 7PW

Office opening hours: 8.30am to 4.30pm

Fundraising Office: 01536 452423

Registered charity number: 1151018



Cynthia Spencer Hospice
Manfield Health Campus,
Kettering Road,
Northampton,
NN3 6NP

Telephone: 01604 678030
www.cynthiaspencer.org.uk

Cransley Hospice
St Mary's Hospital
London Road,
Kettering,
NN15 7PW

Telephone: 01536 452019
www.cransleyhospice.org.uk

If you require this leaflet in other formats or languages please contact PALS: 0800 917 8504

এই লিফলেটটি যদি আপনার অন্য কোনো ফরম্যাটে বা ভাষায় প্রয়োজন হয়, তবে অনুগ্রহ করে

0800 917 8504 নম্বরে পালস এর সাথে যোগাযোগ করুন

Je i šią skrajutę norite gauti kitu formatu ar kalba, kreipkitės į PALS: 0800 917 8504

Jeżeli są Państwo zainteresowani otrzymaniem tych informacji w innym formacie lub języku, prosimy o kontakt z PALS pod numerem telefonu 0800 917 8504.

Dacă aveți nevoie de acest prospect în alte formate sau limbi, vă rugăm să contactați PALS: 0800 917 8504

Если Вы хотели бы получить данную брошюру на другом языке или в другом формате, просим обращаться в PALS (Информационная служба для пациентов) по 0800 917 8504.

#weareNHFT

NHS
Northamptonshire Healthcare
NHS Foundation Trust

CYNTHIA SPENCER AND CRANSLEY HOSPICES



01604 678030
01536 452019

nhft.nhs.uk



MAKING A
DIFFERENCE
FOR YOU,
WITH YOU

CYNTHIA SPENCER AND CRANSLEY HOSPICES

Cynthia Spencer Hospice and Cransley Hospice are specialist palliative care units in Northampton and Kettering respectively.

Specialist palliative care encompasses hospice care (including inpatient hospice care, day hospice, hospice at home) as well as a range of other specialist advice, support and care such as that provided by hospital palliative care teams. People who may benefit from specialist palliative care are those whose symptoms cannot be managed in a timely way by their usual care team*¹.

INPATIENT UNIT

Admission to the hospice inpatient unit might be appropriate at any stage of a person's illness for a short period of assessment and symptom management. People may also be admitted to the hospice during the final stages of their illness.

Hospice care focuses on controlling pain and other distressing symptoms, providing emotional and spiritual support to patients and their families and ensuring that the patients retain their dignity and respect at all times. This care is supported by a variety of staff and volunteers.

Discharge planning will be considered alongside the patient's assessment and treatment plan. Discharge planning is highly

likely to be discussed with patients, families and carers within a short period after admission to the hospice.

Discharge is determined by the patient's best interests, current and ongoing needs and the needs of their family and carers. We realise this is likely to raise concerns and anxieties for patients and their families - the hospice team will discuss and support you with this in line with local guidance*².

For those patients nearing the end of their life we aim to ensure they are identified in a timely way and have their care coordinated and delivered in accordance with their personalised care plan, including rapid access to holistic support, equipment and administration of medication*³.

Referrals for inpatient care are usually made through the patient's GP, hospital doctors or the palliative care clinical nurse specialists.

OUTPATIENT CLINICS

Our consultants and senior doctors hold a number of specialist palliative care and neurology palliative outpatient clinics at Cynthia Spencer and Cransley Hospices. The consultants may make home visits to those patients unable to access outpatient services.

Our physiotherapy team also offers rehabilitation and specialist advice, education and equipment for people with mobility difficulties and weakness. They can also provide specialist, non-medicine interventions for symptoms such as pain, extreme tiredness and breathlessness.

Our occupational therapy team can assess patients either in the hospice or at home and provide equipment and adaptations to assist with carrying out activities associated with daily living. They may also offer advice on alternative methods to promote independence with activities or reduce extreme tiredness.

Access to Outpatient Clinics or home visits is by referral from a healthcare professional such as GP, District Nurse or Clinical Nurse Specialist.

OTHER SERVICES

There are also county wide services based at Cynthia Spencer Hospice:

- Carers support
- Day hospice facilities
- Hospice at home services
- Lymphoedema clinics

*1 - NICE Guidelines 2013

*2 - Policy and Guidelines for Patients Waiting in Hospital for a Care Package of their Choice (2016).

*3 - NICE Guidance Quality Standards (2016)