

## YOUR TEAM CONTACT IS:



### Specialist Palliative Care Service Manager

Cynthia Spencer Hospice

Manfield Health Campus

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[www.nhft.nhs.uk](http://www.nhft.nhs.uk)



If you wish to give feedback visit:  
[nhft.iwgc.net](http://nhft.iwgc.net) and use code 3092

[iWantGreatCare](http://iWantGreatCare)

If you require this leaflet in other formats or languages please contact PALS: 0800 917 8504

এই লফিলটেট যদি আপনার অন্য কোনো ফরম্যাটে

বা ভাষায় প্রয়োজন হয়, তবে অনুগ্রহ করুন

0800 917 8504 নম্বরে পালস এর সাথে যোগাযোগ করুন

Jei šią skrajutę norite gauti kitu formatu ar kalba, kreipkitės į PALS: 0800 917 8504

Jeżeli są Państwo zainteresowani otrzymaniem tych informacji w innym formacie lub języku, prosimy o kontakt z PALS pod numerem telefonu 0800 917 8504.

Dacă aveți nevoie de acest prospect în alte formate sau limbi, vă rugăm să contactați PALS: 0800 917 8504

Если Вы хотели бы получить данную брошюру на другом языке или в другом формате, просим обращаться в PALS (Информационная служба для пациентов) по 0800 917 8504.

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Northamptonshire Healthcare  
NHS Foundation Trust

  
Cynthia Spencer  
Care, Support, Choice

  
Cransley  
Hospice

## INFORMATION FOR PATIENTS, RELATIVES AND CARERS

## COMMUNITY SPECIALIST PALLIATIVE CARE TEAM

## IF OUR SERVICE IS NOT AVAILABLE AND YOU NEED SUPPORT OR ADVICE

Monday to Friday / Weekends /  
Bank Holidays - 8am - midnight

Please call the community nursing  
team on 03007770002

OR

If you need urgent advice you  
should contact your GP surgery.

If you need urgent advice out of  
hours ring NHS 111 Service

Call 999 if it is an emergency

MAKING A  
DIFFERENCE  
FOR YOU,  
WITH YOU

## WHO ARE WE?

We are a small team of health professionals:

- Nurses
- Occupational therapists (OT)
- Physiotherapists
- Healthcare assistants
- Therapy technicians
- Hospice at Home
- Speciality doctors.

All healthcare workers can provide palliative care when appropriate, but if your symptoms are more complex then a referral to us may be required. The team works closely with other doctors and health professionals, caring for you to ensure that you and your family receive the care and support that meets your needs.

The team aims to provide specialised palliative care for patients and their families living with life-limiting conditions, across Northamptonshire.

We are based at Cynthia Spencer Hospice, Cransley Hospice and Danetre Community Hospital. We are funded jointly by Cynthia Spencer Hospice Charity, Cransley Hospice Trust and the NHS.

## HOW WE CAN HELP?

We are able to support you by providing:

- advice and treatment for the symptoms and problems associated with your illness
- opportunity to discuss your care and what is important to you
- advice on mobility and equipment to help you maintain your independence

## HOSPICE AT HOME

For many patients, deciding where they spend their final days is very important.

We support patients who are considered to be approaching the end of life and wish to remain in their own home. If this service is appropriate for you, you will receive regular phone calls offering shifts when they are available. A nurse will visit at agreed times during the day and sometimes at night, for 2-3 hours at a time. We provide patient and carer assessment and supportive nursing care, as required.

## REFERRAL TO THE TEAM

Referrals can be made to the service by any health or social care professional involved in your care - with your agreement.

## WHAT HAPPENS NEXT?

A nurse or therapist from the team will make contact and arrange to see you for an assessment visit at your home or in one of our clinics.

We will keep in touch with you through phone contact **or** home / clinic visits. However, you will have our contact details if you need support or advice at other times.

After discussions with you, it may become apparent you no longer require our service and we will let your GP know. You can re-contact the team directly if your condition worsens and you feel further help is required from the team.

## HOW CAN YOU CONTACT THE TEAM?

The team works Monday to Friday (excluding Bank holidays) 9am-5pm

Hospice at Home are available seven (7) days a week.