YOUR TEAM CONTACT IS:

Specialist Palliative Care Service Manager
Cynthia Spencer Hospice
Manfield Health Campus
Kettering Road
Nothamption
NN3 6NB
Telephone: 01604 682682
www.nhft.nhs.uk/spc

If our service is not available and you need support or advice
Monday to Friday / Weekends / Bank Holidays - 8am - midnight
Please call the community nursing team on 03007770002

OR

If you need urgent advice you should contact your GP surgery.

If you need urgent advice out of hours ring NHS 111 Service

Call 999 if it is an emergency

If you wish to give feedback visit:
nhft.iwgc.net and use code 3092

iWantGreatCare

If you require this leaflet in other formats or languages please contact PALS: 0800 917 8504

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WHO ARE WE?
We are a small team of health professionals:
• Nurses
• Occupational therapists (OT)
• Physiotherapists
• Healthcare assistants
• Therapy technicians
• Hospice at Home
• Speciality doctors.

All healthcare workers can provide palliative care when appropriate, but if your symptoms are more complex then a referral to us may be required. The team works closely with other doctors and health professionals caring for you to ensure that you and your family receive the care and support that meets your needs.

The team aims to provide specialised palliative care for patients and their families living with life-limiting conditions across Northamptonshire.

We are based at Cynthia Spencer Hospice, Cransley Hospice and Danetre Community Hospital. We are funded jointly by Cynthia Spencer Hospice Charity, Cransley Hospice Trust and the NHS.

HOW WE CAN HELP?
We are able to support you by providing:
• advice and treatment for the symptoms and problems associated with your illness
• opportunity to discuss your care and what is important to you
• advice on mobility and equipment to help you maintain your independence.

HOSPICE AT HOME
For many patients, deciding where they spend their final days is very important.

We support patients who are considered to be approaching end of life and wish to remain in their own home. If this service is appropriate for you, you will receive regular phone calls offering shifts when they are available. A nurse will visit at agreed times during the day and sometimes at night, for 2-3 hours at a time. We provide patient and carer assessment and supportive nursing care, as required.

We can provide you with three days of supportive shifts following discharge from the hospital or hospice to help you settle at home.

WHAT HAPPENS NEXT?
A nurse or therapist from the team will make contact and arrange to see you for an assessment visit at your home or in one of our clinics.

We will keep in touch with you through phone contact or home / clinic visits. However, you will have our contact details if you need support or advice at other times.

After discussions with you, it may become apparent you no longer require our service and we will let your GP know. You can re-contact the team directly if your condition worsens and you feel further help is required from the team.

HOW CAN YOU CONTACT THE TEAM?
The team works Monday to Friday (excluding Bank holidays) 9am-5pm

Hospice at Home are available seven (7) days a week.

REFERRAL TO THE TEAM
Referrals can be made to the service by any health or social care professional involved in your care - with your agreement.