

ENCEPHALITIS

Encephalitis is inflammation of the brain. The inflammation is caused either by an infection invading the brain; or through the immune system attacking the brain in error. The inflammation can affect one area of the brain or several different areas. Encephalitis is rare and affects approximately 4,000 people in the UK each year. Only certain viruses have the capability to affect the nerves and gain access to the central nervous system (the brain and spinal cord). They do so via the blood-brain barrier which usually filters the blood and prevents harmful particles reaching the brain.

The inflammation of the brain can last from a few days to two or three months. Nerve cells may be damaged or destroyed by: the viral infection, the immune reaction and/or by pressure resulting from the inflammation.

Some of the symptoms you may continue to have can include:

- Tiredness
- Headaches
- Memory issues
- Concentration
- Balance
- Mood swings
- Aggression
- Clumsiness
- Epilepsy
- Weakness down one side of the body
- Loss of sensations and control of bodily functions and movement
- Speech and language problems
- Speed of thought
- Reactions may be reduced
- Changes in your personality
- Inability to function day-to-day

USEFUL RESOURCES - ENCEPHALITIS

Headway

headwayeastnorthants.org.uk

The Encephalitis Society

encephalitis.info



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www.nhft.nhs.uk



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Foundation Trust



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Inspected and rated

Outstanding



**CareQuality
Commission**

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এই লফিলটেটটি যদি আপনার অন্য কোনো ফরম্যাটে বা ভাষায় প্রয়োজন হয়, তবে অনুগ্রহ করুন

0800 917 8504 নম্বরে পালস এর সাথে যোগাযোগ করুন

Jeżeli się Państwo zainteresowani otrzymaniem tych informacji w innym formacie lub języku,

prosimy o kontakt z PALS pod numerem telefonu 0800 917 8504.

Dacă aveți nevoie de acest prospect în alte formate sau limbi, vă rugăm să contactați PALS: 0800 917 8504

Если Вы хотели бы получить данную брошюру на другом языке или в другом формате, просим обращаться в PALS (Информационная служба для пациентов) по 0800 917 8504.

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