

WHAT HAPPENS AFTER THE ASSESSMENT?

You will be given a follow-up appointment to discuss your assessment results. The MAS worker will discuss any diagnosis and explain what treatment is recommended with you.

For some conditions there are drug treatments which may help. If the doctor feels you would benefit they will prescribe the medication and arrange to review it with you. Even if there is no specific drug treatment available you may need changes to other medication e.g for blood pressure.

We can also signpost you or provide further information on different sorts of groups and therapy which you may find beneficial.

You may be referred to our ongoing memory monitoring service for annual reviews.

CONTACT US

Corby
01536 444874

Daventry
01327 707200

Wellingborough / Rushden
01933 416511

Northampton
01604 685596

If you think you need an assessment from MAS please contact your GP.

If you are under the age of 65 and concerned about your memory, you will need referring to the Younger Persons with Dementia Team.



Northamptonshire Healthcare
NHS Foundation Trust

St Mary's Hospital

Kettering

NN15 7PW

Telephone: 01604 682682

www.nhft.nhs.uk/mas



If you require this leaflet in other formats or languages please contact PALS: 0800 917 8504

এই লিফলেটটি যদি আপনার অন্য কোনো ফরম্যাটে বা ভাষায় প্রয়োজন হয়, তবে অনুগ্রহ করুন

0800 917 8504 নম্বরে পালস এর সাথে যোগাযোগ করুন

Je šią skrajutę norite gauti kitu formatu ar kalba, kreipkitės į PALS: 0800 917 8504

Jeżeli są Państwo zainteresowani otrzymaniem tych informacji w innym formacie lub języku, prosimy o kontakt z PALS pod numerem telefonu 0800 917 8504.

Dacă aveți nevoie de acest prospect în alte formate sau limbi, vă rugăm să contactați PALS: 0800 917 8504

Если Вы хотели бы получить данную брошюру на другом языке или в другом формате, просим обращаться в PALS (Информационная служба для пациентов) по 0800 917 8504.

#weareNHFT


Northamptonshire Healthcare
NHS Foundation Trust

NORTHAMPTONSHIRE MEMORY ASSESSMENT SERVICE (MAS)



 01604 682682

 nhft.nhs.uk/mas



MEMORY ASSESSMENT SERVICE (MAS)

Many people experience problems with declining memory. The effects will vary from person to person and may occur for different reasons. Northamptonshire Memory Assessment Service (MAS) is for people over the age of 65 who have been referred by their GP or other hospital specialist due to concerns about their memory.

The MAS covers the whole of Northamptonshire and had been developed to provide:

- A comprehensive and holistic memory assessment
- Diagnosis
- Information and support following diagnosis
- Work with other specialists and services to achieve the best outcome for you.

WHO WE ARE

The memory assessment team consists of psychiatrists, speciality doctors in old age psychiatry, community psychiatric nurses, occupational therapists, community support workers and clinical and assistant psychologists.

HOW AM I REFERRED TO MAS?

Your GP will refer you to MAS and we will contact you to invite you to an appointment by telephone or letter.

Your GP will complete some blood tests and other physical assessments before we see you. This information helps us in the assessment process.

It is usually best to see you for the initial assessment in the clinic, but we may ask to visit you at home.

WHAT HAPPENS AT THE INITIAL ASSESSMENT?

You will be seen by a member of the MAS team and the appointment will usually take one and a half hours. We encourage you to be accompanied by a relative, friend or carer who knows you well during the assessment.

If you use reading glasses or hearing aids, or any other assistive devices, we ask that you bring these with you so you can take part in the assessment. It is also helpful to bring your most recent repeat prescription slip.

The MAS staff member will talk to you and your relative, friend or carer and carry out an initial assessment.

You will be asked the following:

- Some introductory questions
- To describe the difficulties or problems you are having and how these affect you day to day (you may find it helpful to write your thoughts down beforehand)
- About illnesses you have had in the past and any illnesses you have now
- What medications you are taking at the moment
- To complete a test covering your thinking skills, including your memory and possibly a questionnaire about your mood
- Your relative or carer will be asked to complete a carer questionnaire on how your abilities may have changed over time
- The information and assessment findings will be gathered together and discussed with the rest of the team.

We may need to arrange further tests such as:

- A brain scan (to establish possible causes for any problems you may be experiencing)
- Neuropsychological tests (to further test your thinking skills to aid diagnosis).
- Occupational therapy assessments (to aid the diagnostic process, enable appropriate support and reduce any risk around your home).