

STAY AND PLAY GROUP

NORTHAMPTONSHIRE SPECIALIST PERINATAL MENTAL HEALTH SERVICE INVITES YOU...

WOULD YOU LIKE TO ATTEND A GROUP TO MEET OTHER MUMS BEING SUPPORTED BY THE SPECIALIST PERINATAL MENTAL HEALTH SERVICE?



The group will be delivered in a relaxed and informal way on a drop in basis.

WHERE:

Kingsthorpe Children Centre
St Davids Road, Kingsthorpe,
Northampton, NN2 7QJ

WHEN:

Every Tuesday
(starting 3 September 2019)
1pm - 2:30pm

ANY QUESTIONS?

Call our office on 01604 657735



The Specialist Perinatal Mental Health Service wants to support and help mums who are currently accessing the service by offering a community stay and play group.

We will be running a weekly Stay and Play for mums and babies, where you can meet other mums and take part in some fun activities.



MAKING A
DIFFERENCE
FOR YOU,
WITH YOU