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Northamptonshire Healthcare
NHS Foundation Trust

PODIATRIC SURGERY

GUIDE FOR GENERAL
PRACTITIONERS
AND THEIR PATIENTS

INFORMATION
LEAFLET

 01327 708102

 nhft.nhs.uk/podiatric-surgery



**MAKING A
DIFFERENCE
FOR YOU,
WITH YOU**

Podiatric surgery is an expert field of practice within the podiatry profession. The members of the podiatric surgery team are formally qualified clinicians trained to recognise, diagnose and treat lower limb problems. Podiatric surgeons are podiatrists who undergo a minimum of 11 years specialist education and training in the medical and surgical management of foot and ankle disorders.

Podiatric surgery is a recognised and valuable component of foot healthcare, with hundreds of foot surgeries performed in Northamptonshire every year.

CLINICAL SCOPE

Podiatric surgeons can advise on the surgical and non-surgical management of foot and ankle disorders such as:

- Soft tissue lesions: ganglion cysts, bursa and other benign growths
- Medically complex nail pathology*
- Hammertoe and digital deformities
- Nerve disorders: Morton's neuroma and tarsal tunnel syndrome
- Metatarsalgia and forefoot pain
- Bunions: hallux valgus
- Osteoarthritis: hallux limitus/rigidus
- Inflammatory joint conditions: rheumatoid arthritis, psoriatic arthritis, gout
- Heel pain problems: plantar fasciitis, policeman's heel and Achilles tendon disorders
- Other foot problems: adult acquired flatfoot and diabetic foot disorders that may benefit from corrective surgery

SCOPE OF PRACTICE

The service is available to adult patients and includes:

- Performing complete medical histories and physical examinations
- Providing ultrasound or fluoroscopy guided corticosteroid injection therapy
- Ordering and interpreting x-rays, ultrasound, CT scans, MRI scans and other imaging studies
- Administering local and regional anaesthetic blocks
- Performing day case surgery
- Prescribing and supplying medications
- Ordering and / or performing physical therapy.

HOW TO ACCESS THE SERVICE

The podiatric surgery service accepts referrals from a range of health professionals i.e. GPs, other consultants, podiatrists, practice nurses and physiotherapists. Referrals can be made via the Choose and Book system or by post to the address overleaf.

SURGERY APPOINTMENTS

All surgery takes place at the Day Surgery unit at Danetre Hospital, Daventry. Like dentists, our team perform surgery on a day case basis under local anaesthesia - you will therefore be awake during the surgery.

*Note: paediatric (under 18 year old) nail surgery is performed by the Podiatry team; adult nail surgery is out of contract for the Podiatry department. However the Podiatric Surgery team will perform incisional techniques on medically complex patients.

OUTPATIENT APPOINTMENTS ARE AVAILABLE ON THE FOLLOWING SITES: DANETRE HOSPITAL, DAVENTRY - TUESDAY, THURSDAY AND FRIDAY ISEBROOK HOSPITAL, WELLINGBOROUGH - WEDNESDAY



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Northamptonshire
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Inspected and rated

Outstanding ☆



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Jeżeli się skrajutę norite gauti kitu formatu ar kalba, kreipkitės į PALS: 0800 917 8504

Jeżeli są Państwo zainteresowani otrzymaniem tych informacji w innym formacie lub języku,

prosimy o kontakt z PALS pod numerem telefonu 0800 917 8504.

Dacă aveți nevoie de acest prospect în alte formate sau limbi, vă rugăm să contactați PALS: 0800 917 8504

Если Вы хотели бы получить данную брошюру на другом языке или в другом формате, просим обращаться в PALS (Информационная служба для пациентов) по 0800 917 8504.