



## BREASTFEEDING SUPPORT IN NORTHAMPTONSHIRE

FRIENDLY SKILLED SUPPORT AND INFORMATION FROM OUR INFANT FEEDING TEAM, LED BY A LACTATION CONSULTANT.

SPECIALIST 1:1 BREASTFEEDING SUPPORT AVAILABLE FOR MUMS



See our Health Visitor page on Facebook for more information, updates and changes: Northamptonshire Health Visitors



#weareNHFT

Mums, babies, mums to be and their families welcome!



## **DROP IN SESSIONS AVAILABLE:**

All sessions are held in bespoke areas tailored to mother and baby's need.

MONDAYS 10:00AM - 12:00PM

Northamptonshire Central Library,

Abington Street, Northampton NN1 2BA

MONDAYS 12:45PM - 2:45PM PenGreen Children's Centre, Corby NN17 1BJ

TUESDAYS 10:30AM - 12:30PM Daventry West Childrens Centre, Daventry, NN11 4EY

WEDNESDAYS 1:00PM - 2:30PM Montague Street Children's Centre Kettering, NN16 8RX

THURSDAYS 9:30AM - 11:30AM Penrith Drive Children's Centre, Wellingborough, NN8 3XL

FRIDAYS 10:00AM - 12:00PM Rushden Library, Newton Road Rushden, NN10 0PT

Helpline (calls only): Monday - Friday 9AM to 3PM:





07795 110109